

KOMUNIKAT NR 4/2025

REPREZENTACJA POLSKI NA MISTRZOSTWA EUROPY IFBB W KULTURYSTYCE I FITNESS - Santa Susanna, 30.04 - 05.05.2025

SKŁAD OSTATECZNY PO WNIESIENIU NIEZBĘDNYCH OPŁAT

Na podstawie zgłoszeń indywidualnych oraz wyników Mistrzostw Polski w Kielcach i opłat wniesionych przez kandydatów, PZKFITS podaje ostateczny skład reprezentacji Polski na ME 2025 w Santa Susanna:

COUNTRY	NATIONAL FEDERATION'S NAME	NF PRESIDENT'S NAME	
POLAND	Polish Bodybuilding, Fitness & Powerlifting Federation	Mr. Pawel Filleborn	
FEDERATION'S CONTACT NO. (OFFICE OR CELL PHONE)	NATIONAL FEDERATION'S E-MAIL ADDRESS		
+48 573 553 898	pzkfits@pzkfits.pl		
	If applicable: Responsible Delegate(s) name at this event	Cell phone	PASSPORT No.
1	Pawel Filleborn (IFBB/EFBB Executive)		
2	Andrzej Michalak (EFBB Executive)		
Complete this Form in English Letters and leave it in the WORD format , so we can copy/paste the athletes' names on our list. DO NOT change it to PDF format, please.			

	Competitor's 1 Given NAME + 1 Family NAME	EXACT CATEGORY (from the list of available categories below)	
1	Oliwia Wardzinska	Bikini 158 cm + Juniors 16-20 yrs. + Fit-Model 158 cm + Junior open	
2	Anna Chebotar	Bikini Masters 40-44 yrs.	
3	Katarzyna Przepiora	Bikini 160 cm	+ 1 person
4	Valeriia Prokaza	Bikini 160 cm	
5	Ludmila Wojdak	Bikini Masters 40-44 yrs + Fit-Model 162 cm + Fit-Model Masters open	
6	Wioletta Knabben	Bikini 162 cm + Masters 35-39 yrs. 164 cm	
7	Anna Kucharska	Bikini 164 cm + Fit-Model 166 cm	+ 1 person
8	Wiktoria Bryniczka	Bikini 164 cm	
9	Natalia Krason	Bikini 166 cm	+ 1 person
10	Emilia Smolarczyk	Bikini 169 cm	+ 1 person
11	Kseniya Zdantsevich	Bikini 169 cm	
12	Martyna Langa	Bikini 169 cm	
13	Sviatlana Trukhanava	Bikini Masters 40-44 yrs.	+ 1 person
14	Kamila Mikos	Junior Bikini 16-20 yrs +166 cm + Junior Fit-Model + Fit-Model 172 cm Women Artistic Fitness +168 cm + Junior Artistic 15-20 yrs open	
15	Wioleta Jonczyk	Bikini 172 cm + Masters 35-39 yrs +164 cm	+ 1 person
16	Paulina Choszcz	Bikini 172 cm	Od 29.04 + 1 person

17	Natalia Fontowicz	Bikini +172 cm	+ 1 person
18	Natalia Gadzicka	Bikini +172 cm (w pokoju z Martyna Langa)	
19	Kaja Gatkowska	Bodyfitness 163 cm	
20	Kinga Peza	Wellness 158 cm	
21	Zuzanna Kopec	Wellness 168 cm	
22	Agnieszka Zembron-Chudzicka	Women's Physique 163 cm + Mixed-Pairs	
23	Marcin Szczupak	Master Men Games Classic Bodybuilding >40 yrs.	
24	Jakub Szuba	Classic Bodybuilding 175 cm + Master CBB 40-44 yrs. + Master BB 40-44 yrs up to 80 kg	
25	Krzysztof Haba	Classic Bodybuilding 180 cm	+ 1 person
26	Michał Grzelakowski	Classic Physique +180 cm + Bodybuilding +178 cm	
27	Radosław Dykowski	Master Classic Physique 45-49 yrs.	+ 1 person
28	Mariusz Ciupak	Bodybuilding 178 cm + Masters 45-49 yrs. 80 kg	
29	Tomasz Kornalewski	Master Bodybuilding 40-44 yrs, +90 kg + Semi Pro +100 kg	
30	Krzysztof Rodkiewicz	Master Bodybuilding 45-49 yrs. +90 kg	
31	Mariusz Balazinski	Master Bodybuilding 50-54 yrs. +80 kg	
32	Sebastian Czerwinski	Men's Physique 179 cm	
33	Tomasz Kieliszek	Men's Physique 179 cm	+ 1 person
34	Kamil Wiecek	Men's Physique 182 cm + Men's Fit-Model	
35	Arkadiusz Marchel	Men's Physique +182 cm	
36	Arkadiusz Pastwa	Men's Physique +182 cm + Masters 40-44 yrs. + Men's Fit-Model	+ 1 person
37	Piotr Urbaniak	Men's Physique +182 cm + Masters 40-44 yrs.	
38	Dennis Roszkiewicz	Muscular Men's Physique +179 cm	
39	Radosław Siciun	Master Men's Physique >50 yrs.	
40	Blanka Walczyk	Junior Acrobatic Fitness 15-20 yrs. 163 cm + Seniors 163 cm	
41	Filip Borowski	Junior Men Fitness 15-20 yrs.	
42	Julia Lasocka	Women's Acrobatic Fitness +163 cm + Junior 15-20 yrs. +163 cm + Junior Bodyfitness 16-20 yrs	
43	Iga Pasterczyk	Women's Acrobatic Fitness +163 cm + Junior 15-20 yrs. +163 cm	
44	Natalia Bugajska	Women's Acrobatic Fitness 163 cm + Junior 15-20 yrs. 163 cm	
45	Natalia Stanczyk	Junior Artistic Fitness 15-20 yrs open + Junior Fit-Model open	
	START W KONKURENCJACH SEMI PRO		
1	Mateusz Młodystach	Semi Pro Classic Physique over 180 cm	

2	Rafał Mielcarek	Semi Pro Bodybuilding up to 90 kg	
3	Maciej Telesz	Semi Pro Bodybuilding up to 95 kg	+ 1 person
4	Adrian Laskowski	Semi Pro Bodybuilding over 100 kg	
5	Przemysław Nowak	Semi Pro Bodybuilding up to 85 kg + Mixed Pairs	
6	Tomasz Kornalewski	Semi Pro Bodybuilding over 100 kg + Masters 40-44 yrs	

Osoby mające jeszcze coś do zapłacenia proszone są o jak najszybsze skontaktowanie się z trenerem kadry (Grzegorz Kepa – tel. +48 509 422 331 po przyjeździe do Santa Susanna, gdyż brak tych opłat będzie skutkowało opóźnieniem w zakwaterowaniu całej drużyny.

Ekstra delegaci i osoby towarzyszące (supporters):

	Extra Delegates or Supporters	If a Judge please ✓		Extra Delegates or Supporters	If Judge please ✓
1	Cyprian Sychalski	✓	14	Patryk Kondej	
2	Kamil Przepiora		15	Anita Murzyn	
3	Katarzyna Bryła		16	Bartłomiej Morzyk	
4	Kamil Belczykowski		17	Ilya Siluyanau	
5	Piotr Fontowicz		18	Anna Florczak	
6	Anna Biedna		19	Mateusz Wiedemann	
7	Wojciech Kaczor		20	Ewa Wardzińska	
8	Piotr Osowski		21	Joanna Haba	
9	Tomasz Jonczyk		22	Miroslaw Magdalena	
10	Maciej Pisula		23		
11	Grzegorz Kepa	✓	24		
12	Joanna Kepa		25		
13	Bogusława Kucharska		26		

SĘDZIOWIE KLASY MIĘDZYNARODOWEJ

1. Paweł Filleborn
2. Andrzej Michałak
3. Grzegorz Kepa
4. Cyprian Sychalski

PROGRAM MISTRZOSTW W ROZBICIU NA KONKURENCJE

TENTATIVE RUNNING ORDER (SHORT VERSION)

WEDNESDAY, APRIL 30th, 2025

10:00 – 19:00 Continuous Official Athlete Registration - Hotel Aqua Marina/Poliesportu

17:00 – 18:00 Team Managers Technical & Judges Meeting - Hotel Aqua Marina

19:00 – 21:30 **EFBB ANNUAL CONGRESS** - Centre Civic Santa Susanna

21:30 – 22:30 Dinner for the Congress participants - Don Angel Hotel

THURSDAY, MAY 01st, 2025

10:00 – ONE CONTINUOUS SESSION

- Junior Women Artistic Fitness Semifinals – Rounds 1 + 2
- Junior Women Acrobatic Fitness Semifinals – Rounds 1 + 2
- Junior Men Fitness Semifinals – Rounds 1 + 2
- Men's Fit-Model (Senior, Junior and Master) Semifinals – Rounds 1 + 2
- Men Games Classic Bodybuilding: Juniors + Masters
- Junior Women Artistic Fitness Finals – Rounds 3 + 4
- Junior Women Acrobatic Fitness Finals – Rounds 3 + 4
- Junior Men Fitness Finals – Rounds 3 + 4
- Men's Fit-Model (Senior, Junior and Master) Finals – Rounds 3 + 4
- Men Games Classic Bodybuilding: Seniors
- Men's Physique: Sub Juniors + Juniors + Masters
- Men Classic Bodybuilding: Juniors + Masters
- Men Classic Bodybuilding: Seniors
- Men's Physique: Seniors

FRIDAY, MAY 02nd, 2025

09:00 – ONE CONTINUOUS SESSION

- Women Acrobatic Fitness: Seniors – Semifinals, Rounds 1 + 2
- Women Artistic Fitness: Seniors – Semifinals, Rounds 1 + 2
- Men Fitness: Seniors – Semifinals – Rounds 1 + 2
- Men Bodybuilding: Masters >65 Years

- Women Acrobatic Fitness Finals - Rounds 3 + 4
- Women Artistic Fitness Finals - Rounds 3 + 4
- Men Fitness Finals - Rounds 3 + 4
- Men Bodybuilding: Master 50-54 Years
- Men Bodybuilding: Masters 55-59 Years
- Men Bodybuilding: Masters 60-64 Years
- Women Bikini: Juniors
- Women Bikini: Masters
- Fit-Pairs
- Women Bikini: Senior

SATURDAY, MAY 03rd, 2025

09:00 – ONE CONTINUOUS SESSION

- Master Women Fit-Model Semifinal – Round 1
- Junior Women Fit-Model Semifinal – Round 1
- Women Fit-Model Semifinal – Round 1
- Men Wheelchair Bodybuilding
- Master Women Fit-Model Semifinal – Round 2
- Junior Women Fit-Model Semifinal – Round 2
- Women Fit-Model Semifinal – Round 2

- OPENING CEREMONY

- Master Women Fit-Model Finals – Round 3
- Junior Women Fit-Model Finals – Round 3
- Women Fit-Model Finals – Round 3
- Women Bodyfitness: Seniors
- Master Women Fit-Model Finals – Round 4
- Junior Women Fit-Model Finals – Round 4
- Women Fit-Model Finals – Round 4
- Men Classic Physique: Juniors
- Men Fit Classic Physique: Seniors
- Junior Men Bodybuilding
- Men Bodybuilding by heights: Seniors

- Women Bodyfitness: Masters
- Women Bodyfitness: Juniors

SUNDAY, MAY 04th, 2025

09:00 – ONE CONTINUOUS SESSION

- Women Wellness: Juniors + Masters
- Muscular Men's Physique
- Women Wellness: Seniors
- Men Bodybuilding: Masters 40-44 Years
- Men Bodybuilding: Masters 45-49 Years
- Women's Physique: Masters
- Women's Physique: Seniors
- Men Classic Physique: Masters
- Mixed-Pair

SEMI PRO BODYBUILDING AND CLASSIC PHYSIQUE MISTER EUROPE

- Semi Pro Men Classic Physique open
- Semi Pro Men Bodybuilding open

Kolejne modyfikacje programu nastąpią po weryfikacji w Santa Susanna, w nocy z 1 na 2 maja. Trzeba je śledzić na Telegramie lub stronie internetowej IFBB.