|  |  |  |
| --- | --- | --- |
| *EPF_small.jpg* | *European Powerlifting Federation*  *- lifters profile -* | |
| *First Name:* |  | |
| *Last Name:* |  | |
| *Nation:* |  | |
| *Male or Female:* |  | |
| *Age:* |  | |
| *Body Weigh Category (kg):* |  | |
| *How many years competing:* |  | |
| *- Personal Bests (kg)* | ***Squat:*** |  |
|  | ***Bench Press:*** |  |
|  | ***Deadlift:*** |  |
|  | ***Total:*** |  |
| *Job:* |  | |
|  |  | |
| *Photo:*  *Please, place a high quality head shot photo, passport 'style', taken against a plain background*  *NOT preliminary nomination will be accepted without the profile of each lifter properly filled, including the photo !!!* |  | |